

# Food Allergies and Sensitivities



NrGize has listed the top food allergens recommended by the FDA.  
The X indicates the item contains the specified allergen.

Item	Allergens						
	EGGS	MILK	PEANUT	SESAME	SOY	TREE NUTS	WHEAT
<b>Fruit Smoothies</b>							
Fruit Smoothie Base		X			X		
Add-in Banana							
Add-in Blueberries							
Add-in Coconut						X	
Add-in Mango							
Add-in Orange Juice							
Add-in Peaches							
Add-in Pineapple							
Add-in Raspberries							
Add-in Strawberries							
<b>Protein Smoothies</b>							
Jumpin' Ginseng		X			X		
Mocha Java Jolt		X			X		
Nutri-Blast		X			X		
Protein Berry		X			X		
Protein Pump		X	X		X		
Stamina Squeeze		X			X		
Vita-Boost		X			X		
<b>Meal Replacement Smoothies</b>							
Banana Split		X			X		
Berrylicious		X			X		
PB&J		X	X		X		
Peanut Butter Cup		X	X		X		
Peanut Butter Gone Bananas		X	X		X		
<b>Plant-Based Smoothies</b>							
Berry Sunrise						X	
Mango Breeze						X	
Mocha Blast						X	
Nutty Chocolate			X			X	
<b>Beneficial Blends*</b>							
Body Builder		X			X		
Fat Fighter		X			X		
Immune Defense		X			X		
OJ Power		X			X		
<b>NrGizers*</b>							
Body Builder							
Creatine							
Fat Fighter							
Fiber							
Ginseng							
Glutamine							
Holistic Healer							
Multi-Vitamin							
Spirulina							
Whey Protein		X			X		

Your health is of utmost concern to us. Please be aware that NrGize® products may contain traces of allergens (peanuts, sesame, tree nuts, soybeans, wheat, milk or eggs) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

The allergen information NrGize® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

\*These supplements have not been evaluated by the FDA. They are not intended to diagnose, prevent, treat, mitigate or cures, any disease but rather as a dietary supplement intended only for nutritional support to a well balanced diet of food. Please consult your physician before starting any supplement program, especially if you are pregnant, nursing or taking medication. These products are not recommended for children.